## - HERE IS THE MIRACLE PLAN 2018 -

(download or simply cut and paste into word.doc & customize to your liking - easy!)

Name \_\_\_\_\_ Date (for the week of): \_\_\_\_

My Intentions for this week that I declare are: 1. \_\_\_\_ 2. \_\_\_ 3. \_\_\_

This is a recommended practice from 7 yrs of PG learning – edit and add / subtract to your taste! For each PG member to do Daily while Praying for each other to Create Miracles..

## PART I: Morning - Start your day right - for Attraction!

- -Hello Day! Heart Center(I am here, I am love, all is well), Smile, Pray for you, yours & all PGMs. Jump on your high flying disk, of light. Prepave-Intend Unconditional Peace-Love-Joy, all you desire.
- -Declare: "this is the day Great spirit has made, I will rejoice and be so Glad!", "Holy Spirit/IAM guide my day, thoughts, my steps in every way, from fear (karma) toward Love & Miracles." "I now expect accept and declare (and give thanks) for exciting Joy filled magic and miracles in all areas of my life today!" or similar. I declare IAM Being, IAM Blessed, IAM Grateful.
- -Do the Wayne Dyer-Babaji AHH Meditation: Focus and Vibration POWER (below links) with your Intentions clearly Visualized in your Third EYE and the sacred ahh sound. Each Sunday:https://www.youtube.com/watch?v=LK8CsrsqHZE Every day short version: www.youtube.com/watch?v=ioGrq\_gc3\_w (or Shree Brezee / Laksmi Mantra if you prefer (www.youtube.com/watch?v=m2HApuvPsoQ)

## PART II: Day - Momentum..

- -Play and LOVE: play good music all day, dance joyfully, bow to the sun, walk in nature, have fun, smile, laugh, enjoy, give hugs, do yoga-like postures. SERVE Be an ANGEL Cheerleader. BE a Miracle for someone today!
- -Breathe deeply 3 part 7 count inhale hold 7, exhale 7 (often throughout day), Exhale Ahhh. FEEL Good.
- -Stop by our PG page for your 3 mins per day (answer QUESTION of the day, pray with the PRAYER Director, share your progress and Qs with the CHECK IN Progress post of the day, etc),
- -PIVOT: If your worry mind starts to engage, which it will.. Ask the Holy Spirit to intercede and help you... Give it to HER. Love and let it go. Pivot back to your Focus (Intention) and Vibration (Ahhh, Breathing, etc)... do it so often then mind will let go. Keep your eyes and heart on the Intention (and Fun). Where the attention goes the energy flows.. simple as FOCUS: Ask Believe Receive.

## PART III: Evening - Completion...

- -Start to wind down n Relax your body n mind so you can sleep well. Stretch, Meditate, Ahhh etc.
- -Count Blessings, Thank you God for everything. Hug those you love, say I love you. Bless the world.
- -Read great books & watch inspiring YouTube videos before bed (ones that calm) (See files on PG for ideas).

Optional: at night, morning, day — FOCUS Journal and declare powerful Affirmations deep into your subconscious: I release my need for \_\_\_\_ (issues, blocks) and I NOW Choose \_\_\_\_ (to be happy, Joy, Peace, Abundant). Chant to the Divine to heal and release any karma, limits of any kind and be Free to Receive fully in the Life. Amen.

Remember - For added Mojo, FUN, Community and Love: Jump on each Monday night's call!

--- What would you add, subtract, edit on the plan to make it perfect for YOU? --

Thats it.. Any Qs let me know. Have fun Miraclizing! Make it easy.

Remember the whole tribe is praying and supporting you!! How can you not succeed wildly?

- William and PG Leadership team <3

the Prosperity Group: https://www.facebook.com/groups/theProsperityGroup/